

DEVELOPMENTAL AND BEHAVIORAL HEALTH FOR THE PEDIATRIC PATIENT

Thursday, April 16, 2026



VIRTUAL CONFERENCE
Children's Hospital of Philadelphia &
Devereux Advanced Behavioral Health

Learn more: chop.cloud-cme.com

Overview

According to the Centers for Disease Control and Prevention (CDC), one in six children in the United States has a developmental disability or developmental delay, and one in 31 has an autism spectrum disorder (ASD). As the American Academy of Pediatrics highlights, there is a shortage of developmental and behavioral specialists, limiting access to specialty care for many children with developmental or behavioral health conditions. This conference will address some of the leading developmental and behavioral health concerns that pediatricians and primary care providers deal with daily: obesity in neurodiverse patients, behavioral and psychopharmacologic interventions for aggression/self-injury, behavioral health in young children, gender identity and neurodiversity, complementary and alternative treatments for autism, and wellness for providers and caregivers. Each lecture will include evidence-based treatments, support management, and resource suggestions.

This conference aims to support pediatricians and community providers in understanding common developmental and/or behavioral concerns in children and adolescents and in developing practical strategies to support them.

General Information

The registration fee includes access to the conference live stream, online presentations, and CE credits.

Physicians: \$125 **Other Healthcare Professionals:** \$75

Course Objectives

- Identify common developmental and behavioral health symptoms that can present in pediatric patients
- Describe common medical and mental health conditions that can occur with developmental or behavioral disorders and understand how they may impact the child's function
- Recognize resources that can be utilized in the office or shared with families to address developmental, behavioral or mental health concerns in children
- Identify ways medical and behavioral health professions can collaborate as a multidisciplinary team in caring for children with neurodevelopmental and/or behavioral diagnoses

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Children’s Hospital of Philadelphia designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 6.75 ANCC contact hours.

Psychologists: This activity provides 6.75 APA CE credit.



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers:



ACE

ASWB approved continuing education

As a Jointly Accredited Organization, the Children’s Hospital of Philadelphia is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 7.0 continuing education credits.

Joint Accreditation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.75 Interprofessional Continuing Education (IPCE) credit for learning and change.

Cancellation and Refund Policy

Children’s Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Monday, April 6, 2026.



Developmental and Behavioral Health for the Pediatric Patient

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PROGRAM

Thursday, April 16, 2026 (Eastern Standard Time)

- 8 a.m. **Introduction**
*Amy Kelly, MBA, MNM; Amanda E. Bennett, MD, MPH;
Barbara Picard, MSN, CRNP*
- 8:15 a.m. **Keynote: Dealing with Vaccine Hesitancy**
Paul Offit, MD
- 9:30 a.m. **Listening First: Approaches to Medication Hesitancy and Family Collaboration**
Nicole Matthews, DO, MS
- 10:30 a.m. **Break**
- 10:45 a.m. **Adult Primary Care and Transitions to Adult Providers from Pediatrics**
Sheila Quinn, DO
- 11:45 a.m. **Lunch**
- 12:15 p.m. **Primary Care for Children and Youth with Profound Autism**
Paul S. Carbone, MD; Kirk Bjella, MD
- 1:15 p.m. **How to Talk About a Diagnosis with Parents and Patients**
Amy Kelly, MBA, MNM; Laura Soskey Cubit, PhD
- 2:15 p.m. **Break**
- 2:30 p.m. **Panel: How to Navigate Difficult Conversations with Families about Diagnoses, Medications, and Treatment Recommendations**
*Delphanie Abija, AuD; Eliza Hayes Bakken, MD; Kate Bouser, MS, CCC-SLP;
Rachel Cervin Kubel, MS Ed.; Neeru Nayak, MD; Susannah Reimer, LCSW*
- 4:00 p.m. **Closing Remarks**

Unless otherwise noted, faculty is from the Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

Course Directors

Amanda E. Bennett, MD, MPH

Clinical Director, Center for Autism Care Innovation

Medical Director, Center for Autism Research

Associate Chief, Division of Developmental and Behavioral Pediatrics

Associate Professor of Clinical Pediatrics

Cherie DeBrest, MSS, LSW

Education Development/Coordinator

Department of Social Work

Amy Kelly, MBA, MNM

National Director of Family Engagement

Certified Praesidium GuardianTM

Devereux Advanced Behavioral Health

LEND Fellow

Judy Miller, PhD

Associate Professor of Psychology in Psychiatry

Associate Professor of Psychiatry in Pediatrics

Barbara Picard, MSN, CRNP

Advanced Practice Provider: Clinical Leader Expert

Karabots Primary Care Center

Primary Care Faculty, School of Nursing

LEND Fellow

Faculty

Delphanie Abija, AuD

Audiologist

MSW Student

West Chester University — Philadelphia Campus

Eliza Hayes Bakken, MD

Medical Director, CHOP Primary Care Chestnut Hill

Kirk Bjella, MD

Pediatrician, Neurobehavior HOME Program

Assistant Professor, Division of General Pediatrics, Department of Pediatrics

University of Utah

Kate Bouser, MS, CCC-SLP

Speech-Language Pathology Clinical Supervisor

Paul S. Carbone, MD

Professor, Department of Pediatrics

University of Utah

Rachel Cervin Kubel, MS Ed.

Family Advocate

Faculty (continued)

Laura Soskey Cubit, PhD

*Licensed Psychologist, Center for Autism Research (CAR) & Department
of Child and Adolescent Psychiatry and Behavioral Sciences (DCAPBS)
Assistant Professor of Clinical Psychiatry*

Nicole Matthews, DO, MS

*National Medical and Psychiatry Advisor
Child & Adolescent Psychiatrist
Devereux Pennsylvania Children's Services*

Neeru Nayak, MD

*Medical Director
Child & Adolescent Psychiatrist
Devereux Pennsylvania Children's Services*

Paul Offit, MD

*Director of the Vaccine Education Center
Attending Physician, Division of Infectious Diseases*

Sheila Quinn, DO

*Attending Physician, Internal Medicine, Primary Care
Assistant Professor of Clinical Medicine*

Susannah Reimer, LCSW

*Co-director of the PASSAGE Program
Community Education Program Manager, Center for Autism
Research*



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